Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20049

Check this box if no longer subject to	STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP
Section 16. Form 4 or Form 5		
obligations may continue. See		

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>GILBERT GERALD E</u>					2. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX]							(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
													X Direc			10% Ow		
(Last) 600 S RO	(Fi DYAL LN	irst)	(Middle)		3. Date 11/20/		Trans	action (Mon	ction (Month/Day/Year)				Officer (give title below)			Other (s below)	pecify	
#200					4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable					
(Street)												Line	,	filed by One	e Repo	orting Persor	.	
COPPEL	L T	X	75019								Form filed by More than One Reporting Person							
(City)	(Si	tate)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da			Date	Execution Date,		Transaction Disposed Code (Instr. 5)		ities Acquired (A) o d Of (D) (Instr. 3, 4 a		Benefic	es Formally (D) Following (I) (I		m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership				
							Code	<u> </u>	Amount	(A) or (D)	Price	Transa (Instr. 3	tion(s)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any		Coc	nsaction le (Instr	n of Derivati Securiti Acquire (A) or Dispose of (D) (I	of Derivative (Securities Acquired		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Cod	le V	(A)	(D)	Date Exercisable		piration ate	Title	Amount or Number of Shares						
Right to Purchase Common Stock	\$2.5	11/20/2008	11/20/2008	3 A		10,000		(1)	11	/19/2018	Common Stock, Par Value \$0.0001 per share	10,000	\$2.5	53,25	8	D		

Explanation of Responses:

1. The stock options will vest 1/3 shares on each anniversary of the grant over the next three years.

/s/ Stephen D. Fenstermacher, CFO and Senior VP, by Power 11/21/2008 of Attorney

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.