

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

( ) Check this box if no longer subject to Section 16.  
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person  
 Fioretti, William  
 6333 North Highway 161, Suite 350  
 Irving, Texas 75038  
 USA
2. Issuer Name and Ticker or Trading Symbol  
 Mannatech, Inc.  
 MTEX
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year  
 July 31, 2000
5. If Amendment, Date of Original (Month/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)  
 ( ) Director (X) 10% Owner ( ) Officer (give title below) ( ) Other  
 (specify below)
7. Individual or Joint/Group Filing (Check Applicable Line)  
 (X) Form filed by One Reporting Person  
 ( ) Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Transaction Code	4. Securities Acquired (A) or Disposed of (D)			5. Amount of Securities Beneficially Owned at End of Month	6. Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
			Amount	A/D	Price			
Common Stock	7/10/00	S	5,300	D	\$2.28			
Common Stock	7/14/00	S	19,300	D	\$2.19			
Common Stock	7/18/00	S	68,700	D	\$1.98			
Common Stock	7/20/00	S	22,900	D	\$1.94			
Common Stock	7/24/00	S	11,700	D	\$1.835			
Common Stock	7/25/00	S	15,000	D	\$1.72			
Common Stock	7/26/00	S	8,000	D	\$1.75			
Common Stock	7/27/00	S	14,400	D	\$1.44			
Common Stock	7/28/00	S	23,700	D	\$1.42			
Common Stock	7/31/00	S	57,550	D	\$1.49			
Common Stock	7/31/00	S	12,300	D	\$1.33	2,182,750	D	
Common Stock						1,341,770	I(1)	Family Limited Partnership

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Transaction Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Month	10. Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership

Explanation of Responses:

(1) Mr. Fioretti is the general partner of the Fioretti Family Limited Partnership. Mr. Fioretti, his wife and trusts for the benefit of his children are the limited partners.

SIGNATURE OF REPORTING PERSON  
/s/ William Fioretti

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William Fioretti

DATE August 4, 2000