FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number: 3235-03											
Estimated average burden											
hours per response	. 05										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

1. Name and Address of Reporting Person* Robbins Kevin Andrew					Suer Name and Ticker or Trading Symbol MANNATECH INC [MTEX] Date of Earliest Transaction (Month/Day/Year)									k all appl Direct	,		son(s) to Issuer 10% Owner Other (specify			
(Last)	(Fir	st) (N	/liddle)			01/02/2024									below			below)	peeny	
1410 LAKESIDE PARKWAY, SUITE 200					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)														X Form filed by One Reporting F						
FLOWE MOUND	TX	7.	5028												Perso	filed by Mo on	re than	One Repo	orting	
-			Rul	Rule 10b5-1(c) Transaction Indication																
(City)	(Sta	ate) (Z	ľip)		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.									ided to						
		Table	I - Noi	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or B	enefic	cially	/ Own	ed				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)					Execution Date,		Date,			es Acquired (A) Of (D) (Instr. 3, 4		4 and Securit Benefic		ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
	Code	v	Amount	(A) or (D)			се	Transaction(s) (Instr. 3 and 4)			ľ	.msu. 4)								
Common Stock Par Value \$0.0001 Per Share 01/02/2				/2024		A		4,932	A	. \$	8.11	18,757			D					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rative rities ired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Cod		v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amoun or Number of Shares	er						

Explanation of Responses:

Remarks:

/s/ Diane Barton, Controller, by Power of Attorney

01/05/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.